



cooper foods

THE FOOD SERVICE SPECIALIST TO THE CATERING TRADE

Seafood

Meat and game

Light bites

Tapas and starters

Menu alternatives

Deli

Desserts



To order and discuss
any requirements
please call
01264 321 050
cooperfoods.co.uk



cooper foods

Coopers started as a trout smokery, expanding (with the help of a willing mother) to making and selling homemade meat pies to the pub trade. Customers soon started asking for cocktail prawns and breaded scampi and with the desire to develop Cooper Foods further the early morning trips to Billingsgate began!

Mark Cooper started Cooper Foods in 1986 with Will Cooper joining him a year later. Since then, with the support and hard work of a loyal workforce, Cooper Foods has undergone an impressive transformation.

Since those early days the essence of Cooper Foods has not changed. Cooper Foods offer products and a service that you, the customer are asking for. The introduction of the 24 hour sales office and prep teams has made the service offered by Cooper Foods second to none. The ability to talk to a real person after your evening service has been found to be invaluable. In addition, with competitiveness in mind, Cooper Foods has increased their product range, offering great choices in other complimentary products such as meat, pastas and desserts.

Cooper Foods' aim is to carry on as the seafood wholesaler that they have always been but adding a new dimension to our service. Cooper Foods provide you, our customer, an all round easy one stop seafood and butchery service. Since it's opening, the butchery department has expanded to such a degree that in 2018 we doubled the size of our production area, and in 2019 built a Bespoke Himalayan Salt Ageing Chamber for on the Bone Ageing of prime cuts of Beef and Seasonal Lamb. With the continued hands-on day-to-day running of the company by the two brothers, Cooper Foods will continue with all that it holds dear: quality, service and value. There is one thing that you can be sure of from a family run business, we are still listening to what you are saying and what you are asking for!

SEAFOOD

Cooper Foods remains a seafood wholesaler offering an extensive range of fresh fish from around the world. In doing so, a great deal of care is taken with the sourcing, quality and cost of selected seafood. Purchasing, however, is based around our core belief that native species are the best for flavour and freshness. For this reason Cooper Foods still buy the majority of English prime seafood from Brixham (Devon) where there are still many day boats. In fact certain products such as skin-on skate will only be brought from Brixham. As with native seafood, exotic species need to be ethical, affordable and of high quality.

BUTCHERY

The Butchery department closely reflects the core beliefs of the seafood department, with many of the products being sourced locally, if possible, bearing in mind that Cooper Foods want to offer you quality, price and a service that is second to none.

ALTERNATIVES

As with fresh produce, Cooper Foods has been involved with the development of various new frozen products. In all that we develop certain criteria are always adhered to; cost, quality, and ease of use. Whether you are looking for a new angle on an old favourite (such as the naked bass, cod and ginger fishcake) or for something exotic (such as the tropical sole fillets), there is something for you.

NEW RANGES

We are always looking for new products to compliment our existing ranges. We have introduced Vegetarian, Vegan, Gluten Free and a fantastic range of super premium Ice Cream.

To order and discuss any requirements please call
01264 321 050
cooperfoods.co.uk



SEAFOOD 6

- Shellfish
- Prawns
- Fish portions
- Fish fillets
- Smoked fish
- Breaded and battered fish

LIGHT BITES, TAPAS AND STARTERS ... 18

- Light bites, tapas and starters
- Coated scampi
- Coated seafood
- Coated vegetables
- Fishcakes and pies
- Non coated products and soups

BUTCHERY 24

- Beef
- Lamb
- Pork
- Poultry
- Game

PIES, TERRINES AND INDIVIDUAL MEALS 30

- Pies
- Terrines
- Suet puddings
- Pasta

VEGAN AND GLUTEN FREE 32

DELI 35

- Cooked and cured meat
- Pâté and terrines
- Butter and cheese
- Jus, stocks and oils
- Olives and salads
- Pidy products

DESSERTS 39

- Puddings
- Cheesecakes
- Tortes
- Tarts
- Individual cheesecakes
- Bespoke patisserie

HOW TO ORDER

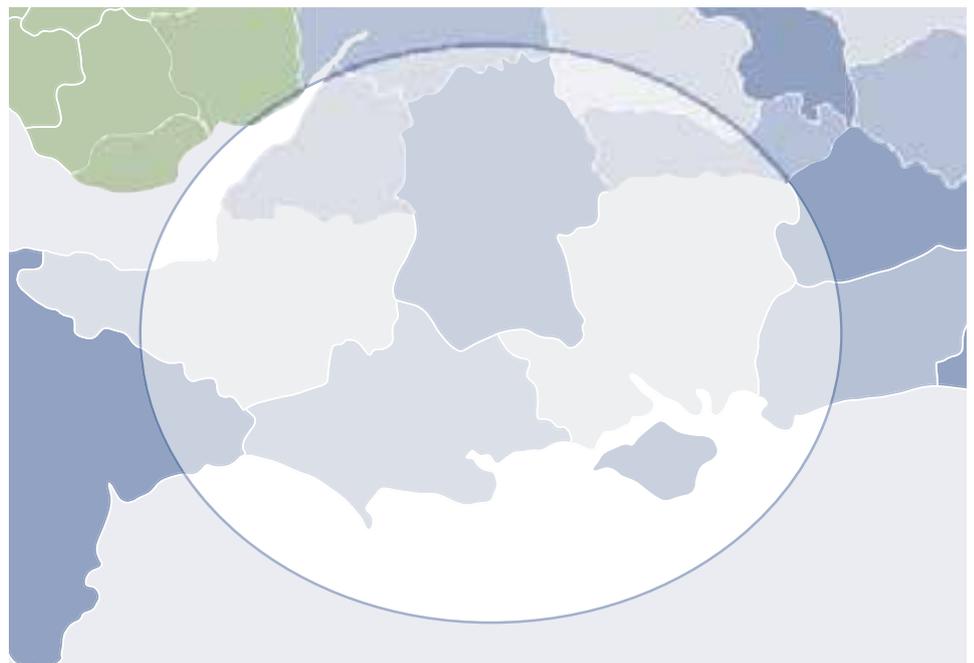
To place an order or to discuss requirements, **simply call the team on 01264 321050.**

DISTRIBUTION

We deliver Tuesday–Saturday (excluding Isle of Wight & Devon)

SEASONAL RANGES

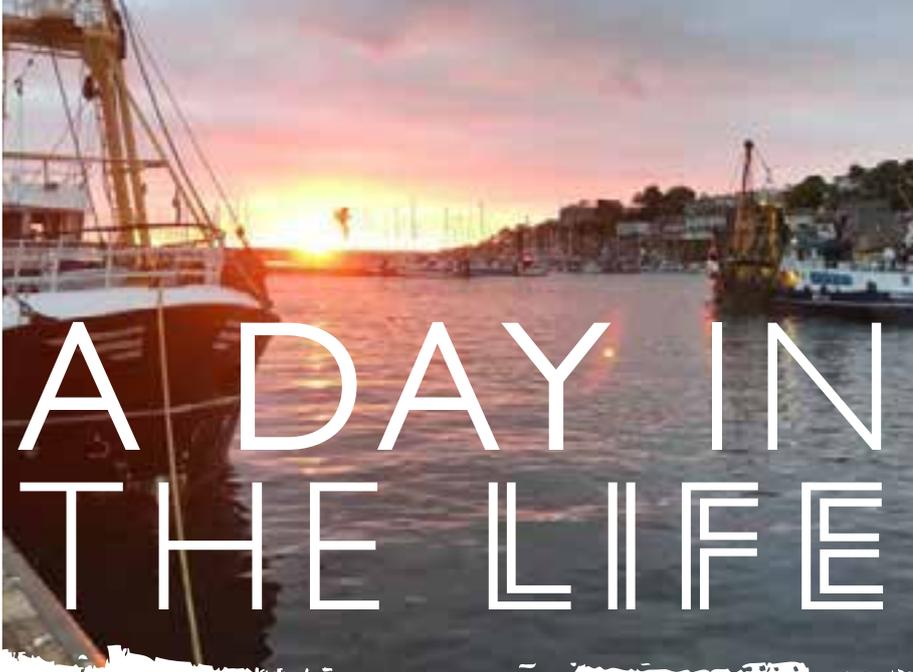
Meat, Fish, Deli and more from one supplier, we offer regular seasonal clearance sales.



DELIVERY AREA

Ideally situated on the A303 in Hampshire, with great transport links to London, Devon, and the entire south coast, our 18 vans provide deliveries all over the south of England from Banbury in Oxfordshire to The Isle of Wight, and Horsham in Sussex or as far as Teignmouth.

Counties we deliver to: Berkshire, Gloucestershire, Devon, Dorset, Hampshire, Isle of Wight, Oxfordshire, Somerset, Surrey, West Sussex and Wiltshire.



5.30am

Van drivers start to arrive and help to load their own vans. Between 5.30am and 8am up to 22 vans are loaded with both fresh and frozen produce. Every invoice line is double checked for accuracy of loading.

6.00pm

Night time sales staff arrive. They will answer your phone calls and will take your orders whilst being able to give advice and special offers.

9.00pm

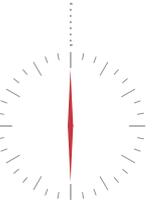
Grimsby fish arrive. Majority of orders taken have gone up to the prep room. Invoices start to be printed.

3.00am

East of England, International Seafood arrives. Pork, local lamb, beef and UK chicken is delivered. Vans begin to be loaded.

6.00am

Scottish seafood arrives, products like scallops, large Scottish cod fillet and rope grown mussels. Orders can now be completed and invoiced. Vans start to leave.



8.00pm

Whilst orders are taken the order details are checked and transcribed. on the the new paperless order system night time preparation staff arrive. Up to 400 orders are individually processed and routed.

11.00pm

Coldroom staff arrive, ready to order pick.

5.00am

Night and day time prep team change over. The second of the butchery shifts arrive. The night time staff leave within the next hour. Fish auctions around the UK start to open. The fresh fish buyer start to talk to the fish auctions to buy for the next day.

7.30am

Fresh stock take. Pre orders for the following day checked and then price gathering. Seafood and butchery buying starts.





8.30am

Day time sales and accounts teams arrive. Non available items are checked for and customers notified. Daily seafood and butchery sales sheets are prepared.

12.00pm

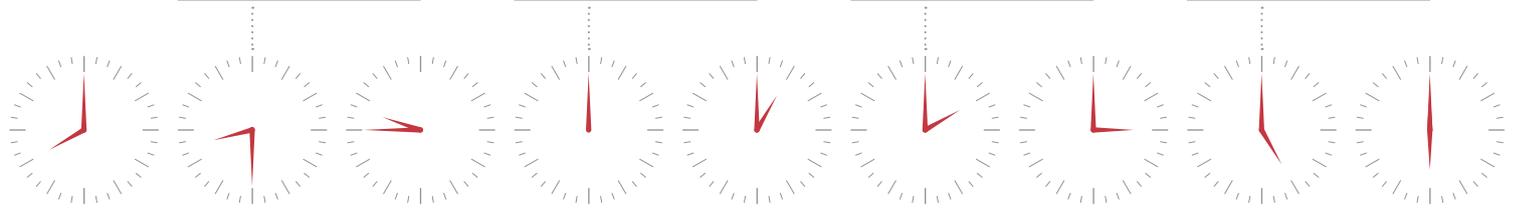
Majority of day time sales orders have been taken, transcribed and checked. The prep teams will process these as they become available.

2.00pm

After your busy lunch period the telephone starts to get busy again and further orders are taken, transcribed checked and processed.

4.00pm

Third butchery shift finishes followed by the daily deep clean. Sales and accounts offices close. Answer machine turned on.



8.00am

The last van should have left the warehouse. Tea break! Third butchery shift arrives. Day prep teams starts to process the next day orders and to put up stock for the night shifts.

1.00pm

Coopers vans start to return. Those that have been to Brixham, Brighton, Poole and Lymington bring back seafood from the auction. Game and other butchery items are also collected and brought back.

3.00pm

All seafood is re-iced. Stock take for the evening shift is now taken. Seafood preparation team do a deep clean. The second Butchery shift finishes whilst the third continues to process orders.

9.45am

The daytime sales team start to phone their own customers. A knowledge of their own customers is important. Daily specials are offered. Mark and Will Cooper are in the office offering help and advice whilst also talking to their own customers.

6.00pm

Do it all again...



SEAFOOD

SHELLFISH

PRAWNS

FISH FILLETS

FISH PORTIONS

SMOKED FISH

BREADED AND

BATTERED FISH



CONSTANTLY SUPPLIED FRESH SEAFOOD

FLAT FISH

Turbot, farmed and wild	500g–1kg and 2–3kg	Norway, Brixham/Looe
Halibut, farmed and wild	2–3kg and 3–4kg	Norway, Fraserburgh
Dover Sole (Pre-order only)	380–450g (14–16oz), 450–500g (16–18oz)	Brixham
Sand Sole	330–400g (12–14oz)	Brixham
Torbay Sole or Witch Sole	450–500g (16–18oz)	Brixham/Lyme Bay
Lemon Sole	300–250g (7–9oz), 380–450g (14–16oz), 450–500g (16–18oz)	Brixham
Plaice, whole and fillet	380–450g (14–16oz), 450–500g (16–18oz)	Brixham
Skate	450–500g (16–18oz), 1–2kg	Brixham

WHOLE ROUND FISH

Salmon, farmed and farmed organic	3–4kg, 4–5kg, 5–6kg	Scotland/Norway
Sea trout, farmed organic and wild	1.5–2kg	Hampshire
Rainbow Trout	330–400g (12–14oz)	Hampshire
Monk Fish Tails	500g–1kg, 1–2kg, 3kg+	Fraserburgh, large from Brixham
Sea Bass, farmed and wild	300–400g, 400–600g, 600–800g	Turkey, Greece, wild from Brixham
Stone Bass	2–3kg	Turkey
Red Mullet	200–300g (7–11oz)	Brixham/Looe
Silver Mullet, deep sea caught	500g–1kg, 1–2kg	Brixham
Red Gurnard	500g–1kg	Brixham
Hake	2–3kg	Fraserburgh/Newlyn/Brixham
Farmed Durade, Gilt Head	300–400g, 400–600g, 600–800g	Turkey, Greece
Mackerel hook and line caught	380–450g (14–16oz), 450–500g (16–18oz)	Brixham/Looe
Sardines, whole and butterflied		France/Brixham
Whiting fillet	170–220g (6–8oz)	Grimsby
Cod fillet line caught	5–6oz, 6–8oz, 8–10oz, 12–16oz, 2–4lb, 3–5lb	Icelandic/North Sea, large from Scotland
Haddock fillet line caught	5–6oz, 6–8oz, 8–10oz, 12–16oz	Icelandic/North Sea
Smoked Natural Haddock	330–400g (12–14oz)	Grimsby
Coley fillet	1–2kg	Icelandic/North Sea
Red Sea Bream fillet	170–220g (8–10oz)	Icelandic/North Sea



SHELLFISH

Squid Small,	medium, large	Brixham
Scallops, cut and in the shell	22–30/1kg tub 25–30/1kg tub, USA	1kg: Scottish, Roe on In shell: Brixham, Roeless USA
Clams, Paloured and Razor		Scotland/Hampshire/Dorset
Oysters	A and AA	Colchester/Jersey
Lobster, Native and Canadian Live	Chix, Quartes, Halves	Poole, Brixham or Selsey, Canada
Crab, Dressed and Live	To order, 170g	Brixham/Plymouth/Lymington
Crab Meat, Claw, White and Brown	454g	Brixham/Lymington, Indonesian for claw meat
Rope Grown Mussels	1kg, 3kg sacks	West Country, Shetlands

LOIN FISH

Yellowfin tuna	2–3kg	Sri Lanka/Indian Ocean
Swordfish	2–3kg	Sri Lanka/Indian Ocean

From Hampshire, Devon, Cornwall and Scotland, shellfish is sourced on a daily basis and lobsters are always in the tank.



SHELLFISH

From lobsters to mussels, cuttle to crab we have the finest selection of fresh and frozen shellfish available.



LOBSTER

FRFLOB03	Canadian Lobster Meat (pot)	320g	each
FRFLOB05	Canadian Lobster Popsicle (in brine, frozen)	350g	each
FRFLOB08	Raw Deluxe Lobster Tails (frozen)	approx 151g	10 case
FSLOB02	Whole Lobster (size Select) (live)	800–900g	kg
FSLOB03	Whole Lobster (size Halves) (live)	600–800g	kg
FSLOB09	Whole Lobster (size Chics) (live)	400–600g	each
VVWGLA02	Lobster Glace (Premier, gluten free, 20–24 ltr yield)	600g	pot
VVWSOU01	Soup De Homard (Lobster bisque)	.85l	pot

CRAB Fresh dressed crab is available when in season. Please phone for details.

FRFCRA05	Crab Flavour Ocean Sticks (64 pack)	1kg	each
FRFCRA06	UK 50:50 Crab Meat (frozen)	454g	each
FRFCRA17	Soft Shell Crab (Hotel) (frozen)	Av 55g	18 case
FRFCRA10	Shellfish Waste (for soups and sauces)		5–6kg
FSCRA04	Blue Swimming Crab Clawmeat	454g	pot
FSCRA08	Live Cock Crab (pre order)	450g+	kg
FSCRA13	Fresh Handpicked South Coast Brown Crab Meat (pre order)	454g	each
FSCRA14	Pasteurised Devon Brown Crab Meat (fresh or frozen)	454g	each
FSCRA16	Fresh Handpicked South Coast White Crab Meat (pre order)	454g	each
FSCRA17	Pasteurised Devon White Crab Meat (fresh or frozen)	454g	each
FSCRA23	Live Hen Crab (pre order)	800g+	kg

LANGOUSTINE

FRFLAN03	Whole Langoustine – Dublin Bay Prawn (frozen)	17–20	1kg
FRFSCA05	Jumbo Peeled Scampi Tails (frozen)	20–30	454g
FSLAN01	Fresh Langoustine – Blanched (Pre order)		4kg
FSLAN03	Live Langoustine (pre order)		4kg

CRAYFISH

FRFCRA1	Crayfish Tails in Brine 900g (drained weight)	100–150	1.5kg
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OUR SPECIALS

Just give us a call on **01264 321050** to find out what weekly specials we have available.



MOLLUSCS

FRFCLA01	Baby Clams in Whole Shell Blanched (frozen)	40-60	1kg
FRFCLA02	Clam Meat	800-1000	1kg
FRFCLA03	Half-Shell Clams, Blanched (frozen)	60-80	1kg
FSMUS09	Live Palourde Clams		3kg
FSCLA02	Live Razor Clams (pre order)	Approx 16 per kg	kg
FRFCOC01	Dutch Cockle Meat	400-600	1kg
FSCOC01	Live Cockles (pre order)		kg
FRFWHE01	Whelk Meat	40-60	1kg
FSWHE01	Live Whelks (pre order)		kg
FSMUS06	Fresh Rope Grown Mussels		1kg
FSMUS01	Smoked Mussel Meat (vac pac)	500g	each
FRFMUS01	Irish Blanched Whole Mussels vacpac (frozen)	1kg	5 case
FRFMUS02	New Zealand Greenlip Mussels Half Shell (frozen)	30-40	1kg
FRFMUS05	Danish Mussel Meat	300-400	454g
FRFMUS06	Chilean Whole Blanched Rope Mussels (vac pac)	1kg	5 case
FSOYS02	Jersey Oysters No. 2	25 case	case
FRFOYS01	Japanese Oyster Meat	11-25	1kg
FMSEA01	Seafood Salad in Rapeseed Oil	1kg	each
FRFSEA04	Blanched Seafood Mix (Squid, Octopus, Mussels, Shrimp) (frozen)		800g
FRFSEA05	Deluxe Seafood Mix (Tiger Prawn, Squid, NZ Mussel) (frozen)		908g

SCALLOPS

FSSCA04	Lyme Bay King Scallops in the shell (Dayboat, pre order)		each
FRFSCA03	Queen Scallop Roe On (frozen)	40-60	1kg
FSSCA03	American Roeless King Scallop Halves and Quarters	40-80	1kg
FSSCA07	Scottish King Scallops Roe On	20-30	1kg
FRFSCA02	Canadian Roeless Scallops Unsoaked (frozen)	10-20	1kg
FSSCA09	Fresh Queen Scallops Roe On (pre order)	40-60	1kg
FSSCA12	American Roeless King Scallops - White pearl	20-30	1kg
FSSCA11	Empty Scallops Shell (uncleaned)		each
FSSCA02	Live Large Dived Scallops (pre order)	Approx 4 per kg	each

SQUID, CUTTLE AND OCTOPUS

FFSQU01	Fresh Squid (Seasonal)		kg
FFSQU02	Squid Ink Sachet	2g	Two sachets
FMSQU01	Squid Ink	500g	jar
FRFSQU02	Panko Coated Squid Rings H Cut (frozen)	22-24 per pack	700g
FRFSQU03	Battered Squid Rings (frozen)	50-70 per pack	500g
FRFSQU04	Raw Squid Rings (frozen)	70-90	1kg
FRFSQU05	Small Cleaned Squid (including tentacles) Arno (frozen)	20-40	1kg
FRFSQU06	Small Cleaned Squid (including tentacles) Thai (frozen)	20-40	1kg
FRFSQU08	Large Cleaned Squid Tubes (frozen)	U5	1kg
FRFSQU09	Dusted Loligo Squid - Ring and Tentacle (frozen)	900g+	each
FRFSQU10	Salt and Pepper Squid Chunks (frozen)	50 per pack	1kg
FRFSQU20	Salt and Pepper Dusted Loligo Squid (frozen)		1kg
FFCUT01	Fresh Cuttle Fish (pre order)		kg
FFOCT01	Fresh Whole Octopus (pre order)	900g+	kg
FRFCRA02	Fresh Cooked Octopus Legs (pre order)	Approx 6 per 650g	pack
FRFOCT01	Small Baby Octopus (frozen)		1kg
FRFOCT02	Large Catch Weight Octopus (frozen)	2-3kg catch weight	kg

HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.



PRAWNS

There is an enormous difference between the types of prawns available on the market today. From cold to warm water; wild and farmed, fresh water and salt water. With this in mind it is important to be aware of what you are actually buying! Generally as is true of most seafood, the colder the water the better the flavour. In the case of warm water prawns, wild caught prawns have a better flavour, whereas sea reared prawns have a preferred texture and a better flavour to the freshwater reared prawns.



COLD WATER PRAWNS

FMPRA01	Classic Prawns in Brine 900g net weight	250–350	1.5 kg
FRFKIN52	Wild Shell on Raw Argentinian Red Prawns (frozen)	10–20	2kg
FRFPRA03	Greenland Shell-on Prawns (frozen)	90–120	5kg
FRFPRA06	North Atlantic Peeled Cocktail Prawn (Icelandic) 8% glaze (frozen)	200–350g	2.5kg
FRFPRA08	Luxury North Atlantic Peeled Prawn (frozen)	250–350	2kg
FRFPRA10	Large Luxury Prime Cooked and Peeled Cocktail Prawn (frozen)	125–175	2.5kg
FRFPRA20	Greenland Cooked and Peeled Cocktail Prawn (frozen)	125–175	2kg
FSBRO01	Cooked and Peeled Brown Shrimp fresh (gas flushed)	400–600	100g

WARM WATER KING PRAWN: WHOLE COOKED

FRFKIN05	Whole Cooked King Prawn (Crevettes)	11–20	1kg
FRFKIN06	Whole Cooked King Prawn (Crevettes)	25–35	2kg
FRFKIN07	Whole Cooked King Prawn (Crevettes)	41–60	1kg
FRFKIN08	Whole Cooked King Prawn (Crevettes)	30–40	2kg
FSCRE01	Fresh Cooked Crevettes (fresh, pre order)	40–60	2kg

WARM WATER KING PRAWN: DESHELLED COOKED

FRFKIN15	Peeled and De-veined Tail on Party King Prawn (cooked) (frozen)	30–40	1kg
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WARM WATER KING PRAWN: WHOLE RAW

FRFKIN41	Whole Raw 'Black Tiger' King Prawns (frozen)	8–12	1kg
FRFKIN42	Whole Raw 'Black Tiger' King Prawns (frozen)	13–15	1kg
FRFKIN43	Whole Raw 'Black Tiger' King Prawns (frozen)	16–20	1kg
FRFKIN44	Whole Raw 'Black Tiger' King Prawns (frozen)	21–30	1kg
FRFKIN46	Whole Raw 'Black Tiger' King Prawns (frozen)	6–8	1kg
FRFKIN47	Whole Raw 'Black Tiger' King Prawns (frozen)	4–6	1kg



DISTRIBUTION

We deliver throughout the south.

To find out more call 01264 321050.



WARM WATER KING PRAWN: HEADLESS, SHELL ON, BLOCK FROZEN

FRFKIN24	King Prawn Tails (headless, shell-on, block)	13–15	1kg
FRFKIN25	King Prawn Tails (headless, shell-on, block)	21–25	1kg
FRFKIN26	King Prawn Tails (headless, shell-on, block)		800g
FRFKIN27	King Prawn Tails (headless, shell-on, block)	6–8	1kg
FRFKIN28	King Prawn Tails (headless, shell-on, block)	8–12	1kg
FRFKIN30	King Prawn Tails (headless, shell-on, block)	U5	1kg
FRFKIN37	King Prawn Tails (headless, shell-on, block)	16–20	1kg

WARM WATER KING PRAWN: SHELL ON, HEADLESS, RAW (IQF)

FRFKIN23	King Prawn Tails (headless, shell-on, IQF)	6–8	908g
FRFKIN31	King Prawn Tails (headless, shell-on, IQF)	13–15	908g
FRFKIN32	King Prawn Tails (headless, shell-on, IQF)	16–20	908g
FRFPRA12	King Prawn Tails (headless, shell-on, IQF)	8–12	800g

WARM WATER KING PRAWN: TAIL ON, RAW

FRFKIN09	Deshelled King Prawns (tail-on)	16–20	1kg
FRFKIN10	Deshelled King Prawns (tail-on)	26	1kg

WARM WATER KING PRAWN: DESHELLED RAW

FRFKIN17	Peeled and de-veined King Prawns	26–30	1kg
FRFKIN18	Peeled and de-veined King Prawns	16–20	1kg
FRFKIN19	Peeled and de-veined King Prawns	30–40	1kg
FRFKIN20	Peeled and de-veined King Prawns	40–50	1kg
FRFKIN21	Peeled and de-veined King Prawns Arno*	8–12	1kg
FRFKIN22	Skewered deshelled King Prawns	10/skewer	1kg

HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.

*The Arno brand represents a higher, stricter and more consistent quality than most other brands available and as a result offers particularly good value.



FROZEN FISH FILLETS

We have a wide selection of frozen fish fillets in a variety of sizes and preparation. To compliment these menu favourites we also have a range of exotic and alternative frozen frying fish fillets.

COD

FRFCOD01	Cod Fillets (skinned and boned, IQF, R&M) gross weight	230–290g	4.54kg
FRFCOD02	Cod Fillet Tail (skinned and boned, IQF, Three Oceans)	112–136g	25 case
FRFCOD03	Cod Fillet Tail (skinned and boned, IQF, Three Oceans)	160–184g	18 case
FRFCOD04	Cod Fillet Tail (skinned and boned, IQF, Three Oceans)	184–232g	15case
FRFCOD06	Cod Fillets (skinned and boned, IQF, Three Oceans)	136–160g	20 case
FRFCOD07	Cod Tail (skin on, IQF, Three Oceans)	99–112g	30 case
FRFCOD10	Cod Fillets (skin on, boneless, IQF, Three Oceans)	160–184g	18 case
FRFCOD11	Cod Fillets (skin on, boneless, IQF, R&M) gross weight	226–283g	15 case
FRFCOD14	Cod Fillet (skinless, frozen at sea, shatterpack)	454–907g	6.81kg
FRFCOD15	Cod Loin (skin on, boneless, R&M)	170–200g	24 case
FRFCOD16	Cod Loin (skinless and boneless, Three Oceans)	112–136g	10 case
FRFCOD39	Cod Fillet (skin on, boneless)	284–340g	4.54kg

HADDOCK

FRFHAD03	Haddock Fillets (skin on, boneless, IQF)	226–283g	15 case
FRFHAD05	Haddock Fillets (skinned and boned, 16–18)	226–283g	3.63kg
FRFHAD06	Haddock Fillet (skin on, boneless)	144–170g	20 case
FRFHAD07	Haddock Fillets (skin on, boneless, IQF)	198–226g	18 case
FRFHAD21	Haddock Fillet (skinned and boned, IQF, approx 18)	160–184g	3.63kg
FRFHAD23	Haddock Fillet (skin on, boneless, IQF, 12–15)	280–340g	3.63kg
FRFHAD37	Haddock Fillet (skinned, boneless, IFQ)	136–160g	20 case
FRFHAD26	Haddock Fillet (skinned and boned, IQF, Three Oceans)	160–184g	18 case



OUR SPECIALS

Just give us a call on
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FLAT FISH

FRFLEM03	Lemon Sole Fillets (skin on, IQF)	170–227g	4.54kg
FRFYEL01	Yellowfin Sole Fillets (skinned and boned)	90–180g	1kg
FRFPLA04	Plaice Fillets (skin on, IQF)	230–284g	4.54kg

EXOTIC FILLETS

FRFRED01	Red Mullet Fillets (scaled and boned, IQF)	100–200g	1kg
FRFTAL01	Tilapia Fillets (skinned and boned, IQF)	142–198g	1kg
FRFMON02	Chinese Monk Fillet	200–400g	5kg
FRFRED03	Red Snapper Supreme (20 case)	168–220g	Case
FRFBAR02	Barramundi Fillet (approx 22 case)	200–300g	5kg
FRFTUN04	Tuna Supreme (loin steak)	170–227g	5 pack
FRFSWO02	Swordfish Supreme (loin)	170–227g	5 pack
FRFMAH01	Mahi Mahi Supreme	170–227g	5 pack

FRYING FISH

FRFHOK01	Hoki Fillet (skinless, shatterpack)	175–225g	6.81kg
FRFPOL01	Pollock Fillet (skinless, boneless, IQF, approx 18 case)	200–230g	18 approx
FRFPOL02	Pollock Fillet (skinless, boneless, IQF)	112–136g	30 case
FRFPOL04	Pollock Fillet (skinless, boneless, IQF)	170–200g	20 case
FRFHAK01	Hake Fillet (skinless, boneless, IQF, MSC, approx 20 case)	170–227g	20 approx
FRFHAK03	Hake Fillet (skinless, boneless, IQF, MSC)	110–140g	30 case
FRFPAN01	Pangasius Fillet (skinless, boneless, cobbler fish)	170–220g	1kg



DISTRIBUTION

We deliver throughout the south.

To find out more call 01264 321050.

SMOKED FISH

Severn and Wye is an award winning Smokery is nestled between the two rivers near Gloucester and supplies key customers including Fortnum and Mason, Harrods and Claridges to name a few. By using traditional production and smoking techniques they produce a unique and distinctive taste to the fish.



SALMON

FFRSAL09	Severn and Wye Smoked Salmon (Long cut, frozen)	1kg	pack
FFRSAL14	Hot Smoked Salmon Flakes (frozen)	500g	pack
FSSAL01	Severn and Wye Smoked Salmon (D-cut)	1-2kg	kg
FSSAL04	Severn and Wye Smoked Salmon (Long cut)	200g	each
FSSAL07	Severn and Wye Smoked Salmon (Long cut)	1-2kg	kg
FSSAL08	Smoked Salmon Trimmings (frozen)	500g	pack
FSSAL11	Severnand& Wye Smoked Salmon (trimmed, unsliced)	1-2kg	kg
FSSAL14	Fyne Cure Long Cut Smoked Salmon	1-2kg	kg
FSSAL22	Hot Smoked Salmon	800g-1.2kg	kg
FSSAL06	Severn & Wye Smoked Salmon (Long cut)	454g	each

SPECIALS

FFREEL02	Smoked Eel Fillet (frozen)	100g	each
FSCOD02	Smoked Cod Roe (pre order)		kg
FSGRA01	Skinless Gravdax	200g	pack
FSGRA03	Skin on, Sliced Beetroot Gravdax	1-2kg	kg
FSGRA04	Skin on, Sliced Gravdax	1-2kg	kg
FSHAL01	Skinless Smoked Halibut (frozen)	approx 1kg	kg
FSMAC01	Smoked Mackerel Fillets (frozen)	70-120g	3kg
FSMAC02	Peppered Smoked Mackerel Fillets (frozen)	130-170g	3kg
FSMAC03	Peppered Smoked Mackerel Fillets (frozen)	130-170g	2 pack
FSMAC04	Smoked Mackerel Fillets (frozen)	130-170g	2 pack
FSTRO05	Hot Smoked Trout Fillet (pink flesh, frozen)	125g	2 pack





SEVERN & WYE SMOKERY



BREAKFAST FISH

FFRARB01	Arbroath Smokies (frozen)	170–370g	3.18kg
FSHAD01	Natural Smoked Haddock Fillets	280–340g	3.63kg
FSHAD02	Yellow Dyed Smoked Haddock Fillets (frozen)	330–450g	3kg
FSHAD03	Natural Smoked Haddock Fillets (frozen)	330–450g	3.175kg
FSKIP02	Natural Boned Kippers (vac packed)	140–250g	3kg
FSKIP06	Whole Natural Manx Kippers	120–200g	3kg
FSKIP07	Whole Natural Kippers	280–380g	3.18 kg

MARINATED FISH

FFCOD14	Salted Cod Fillet (pre order)	1–2kg	kg
FMANC03	White Anchovy Fillets in Oil		1kg
FMEEL01	Jellied Eels (pre order)	approx 80	4kg
FMHER09	Rollmop Herring	18–25	3 kg
FMSEA01	Italian Seafood Salad in Rapeseed Oil		1 kg
FMTUN03	Tuna Chunks in Brine	6× 400g	case

CAVIAR

FMCAV01	Avruga Caviar	56g	each
FMCAV02	Black Lump Fish Caviar	100g	each
FMCAV03	Tobiko Wasabi Caviar	70g	each
FMCAV04	Oscietra Caviar (pre order)	50g	each
FMCAV06	Red Lump Fish Caviar	100g	each
FMCAV07	Keta Caviar (salmon)	100g	each

OUR SPECIALS

Just give us a call on **01264 321050** to find out what weekly specials we have available.

PACIFIC WEST



Pacific West has grown to become one of the world's foremost suppliers of premium frozen seafood and a global industry innovator that offers a wide range of value added and natural seafood, designed to provide 'convenience without compromise'.



PACIFIC WEST

FRFCOD41	Crispy Battered Cod Goujons	40-60	1kg bag
FRFKIN01	Panko Coated King Prawns	25 pack	500g
FRFPRA15	King Prawn Twisters (Filo)	34 pack	800g
FRFPRA14	Garlic and Herb Marinated Butterfly King Prawns	21-25	500g
FRFSQU02	Hand Cut Panko Coated Squid Rings	22-24 pack	700g bag
FRFSQU10	Salt and Pepper Squid Chunks	50 pack	1kg bag



DISTRIBUTION

We deliver throughout the south.

To find out more call 01264 321050.

BREADED AND BATTERED FISH

Breaded or battered frozen fish fillets such as Hoki or Pangasius also makes an economical alternative to pre-coated products.

To place an order or discuss any requirements, simply call the team on 01264 321 050.



BATTERED FISH

FRFCOD41	Crispy Battered Cod Goujons	40–60	1kg bag
FRFCOD21	Battered Cod	80–110g	30 case
FRFCOD22	Battered Cod	142–170g	24 case
FRFCOD24	Battered Cod	170–200g	18 case
FRFCOD25	Battered Cod	200–230g	15 case
FRFCOD19	Jumbo Battered Cod	227–283g	15 case
FRFCOD20	Jumbo Beer Battered Cod	230–290g	15 case
FRFHAD13	Battered Haddock	170–200g	18 case
FRFCOD26	Cod Tempura Battered	140–170g	24 case

BREADED FISH

FRFLEM01	Breaded Lemon Sole Goujons (natural crumb)	454g	each
FRFPLA09	Natural Golden Breaded Plaice (fillet)	142–170g	24 case
FRFPLA01	Natural Golden Breaded Plaice (fillet)	170–200g	18 case
FRFPLA03	Natural Golden Breaded Plaice (fillet)	200–230g	15 case
FRFPLA06	Natural Golden Breaded Plaice (fillet)	230–290g	15 case
FRFPLA07	Breaded Plaice Goujons (natural crumb)	454g	each
FRFFIS02	Jumbo Breaded Hake Fish Fingers	71g	36 case
FRFFIS01	Breaded Fish Fingers	25g	60 case
FRFFIS01A	Fish Fingers	40g	100 case

LIGHT BITES, TAPAS AND STARTERS

COATED SCAMPI

COATED SEAFOOD

COATED VEGETABLES

FISHCAKES AND PIES

NON-COATED PRODUCTS

AND SOUPS



LIGHT BITES, TAPAS AND STARTERS



COATED SCAMPI

FRFSCA09	Coopers Breaded Whole Tail Scampi	25–29	454g bag
FRFSCA08	Castle Bay Breaded Whole Tail Scampi	20–25	454g bag
FRFSCA11	Whitby Endeavour Breaded Whole Tail Scampi	25–29	454g bag

COATED SEAFOOD

FRFBLA01	Blanchbait (breaded and finely battered smelts)	454g	bag
FRFPLA07	Breaded Plaice Goujons	50–55 pieces	454g bag
FRFLEM01	Breaded Lemon Sole Goujons	55–60 pieces	454g bag
FRFSQU20	Salt and Pepper Dusted Baby Squid (frozen)		1kg bag
FRFSQU09	Dusted Loligo Squid, Ring and Tentacle (frozen)	900g+	bag
FRFSQU03	Crispy Battered Squid Rings	50–70 pieces	500g bag
FRFSQU02	Hand Cut Panko Coated Squid Rings	22–24 pack	700g bag
FRFSQU10	Salt and Pepper Squid Chunks	50 pack	1kg bag
FRFCOD41	Crispy Battered Cod Goujons	40–60	1kg bag

COATED PRAWNS

FRFKIN02	Breaded Butterfly King Prawns	25–30	500g
FRFKIN01	Panko Coated King Prawns	21–25	500g
FRFKIN04	Breaded 'Torpedo' King Prawns	25–30	500g
FRFKIN13	Oriental Filo King Prawns	25–30	500g
FRFPRA15	King Prawn Twisters (filo)	34 pack	800g
FRFKIN40	Tempura King Prawns	Approx 30	500g



PACIFIC WEST

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LIGHT BITES, TAPAS AND STARTERS

FISH PIE

FRFFIS03	Traditional Fish Pie (gluten free)	400g	15 case
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FISHCAKES

FRFFIS06	West Country Breaded Brown Crab Cakes	56g	24 case
FRFFIS09	Luxury Thai Salmon Fishcake	85g	24 case
FRFFIS12	Salmon, Lemon and Dill Fishcake	85g	24 case
FRFFIS13	Smoked Haddock, Spring Onion and Mozzarella (gluten free)	100g	24 case
FRFFIS15	Smoked Haddock and Spring Onion Fishcake	90g	20 case

SOUP

WWSOU02	Perard Soup de Poisson (fish)	1 litre	each
WWSOU01	Perard Soup de Lobster (homard)	1 litre	each



HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.



COATED PRODUCTS			
FRMSAM02	Mini Vegetable Samosas (frozen)	23g	100 case
FRMSPR01	Mini Spring Rolls Selection (Thai vegetables, Chicken, Duck, frozen)	25g	45 case
FRMSPR02	Mini Duck Spring Roll	25g	50 case
FROTAR04	Tomato, Goat's Cheese and Basil Tartlet (frozen, individual)	160g	12 case
FRMSAM01	Onion Bhajjis (frozen, Vegan)	35g	8 case

NON-COATED PRODUCTS			
FRFFRO01	Frog Legs	20 pack	1kg
FRFHER01	Herring Milt Block (pre order required)		2.27kg
FRFPRA14	Garlic and Herb Marinated Butterfly King Prawn	21-25 count	500g
FSBRO01	Peeled Brown Shrimp	100g	each
FRFVHI01	Whitebait	454g	bag
FROESC02	Escargot in Garlic Butter	12 pack	each



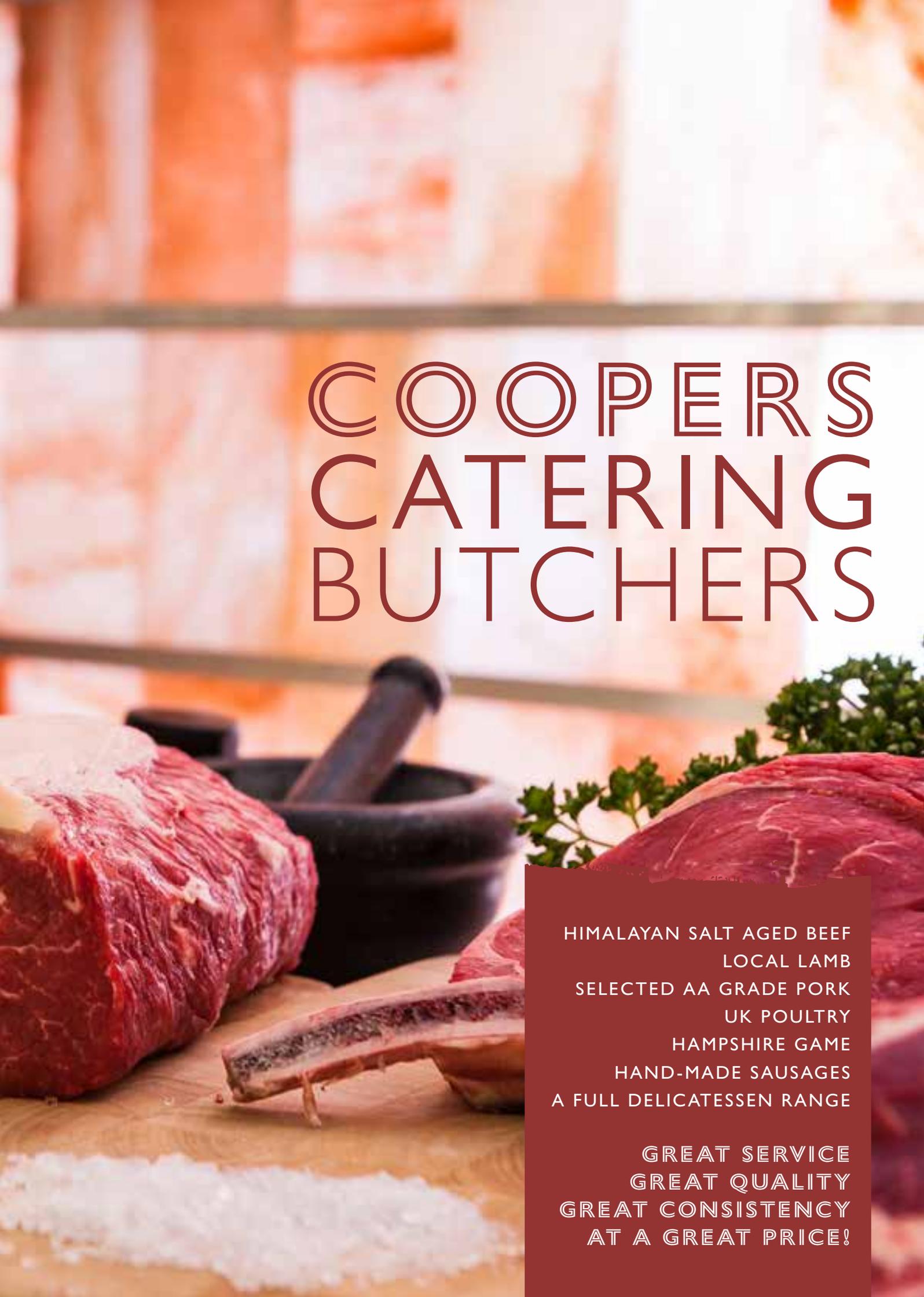
OUR SPECIALS

Just give us a call on
01264 321050 to find
 out what weekly specials
 we have available.



cooper foods





COOPERS CATERING BUTCHERS

HIMALAYAN SALT AGED BEEF
LOCAL LAMB
SELECTED AA GRADE PORK
UK POULTRY
HAMPSHIRE GAME
HAND-MADE SAUSAGES
A FULL DELICATESSEN RANGE

GREAT SERVICE
GREAT QUALITY
GREAT CONSISTENCY
AT A GREAT PRICE!

BUTCHERY

BEEF

LAMB

PORK

POULTRY

GAME



HIMALAYAN SALT AGED BEEF

Our beef is slowly and naturally aged on the bone in our salt room. The process of Salt ageing the Beef, in a strict temperature and humidity controlled room, helps increase the flavour releasing natural enzymes which in turn breaks down and tenderises the meat.

SALT AGED BEEF RIBEYE

Whole Ribeye	2.5–3.5kg
Ribeye Steak	227g (8oz)
Ribeye Steak	284g (10oz)
Ribeye Club Steak	340–396g
Ribeye Club Steak	454–510g

SALT AGED BEEF SIRLOIN

Whole Salt Aged Sirloin on the Bone	12–14kg
Sirloin Steak Salt Aged	227g (8oz)
Sirloin Steak Salt Aged	284g (10oz)

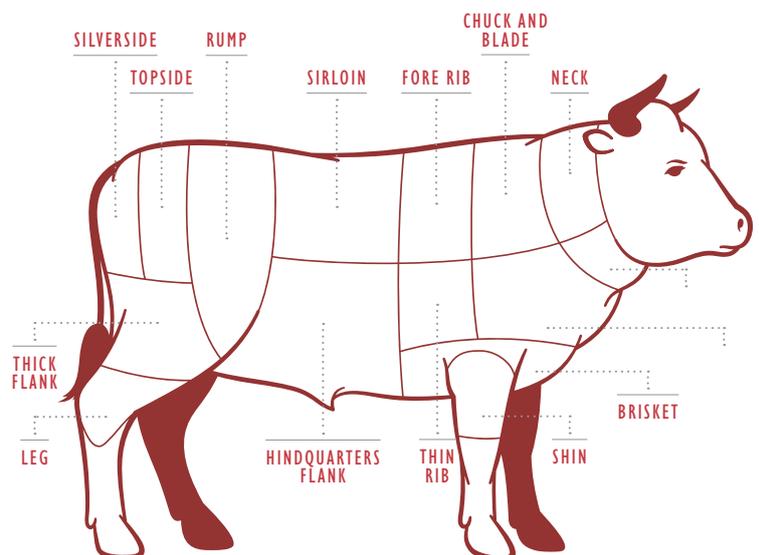




BEEF

Our Beef comes from carefully selected producers and farmers. Our minimum matured 21 day aged Beef comes from selected farms offering a delicious selection of prime steaks, roasting joints and braising steak.

ROASTING	GRILL AND FRY	BRAISING
Sirloin, Salt Aged on the bone (approx 10kg+)	Fillet Steaks, centre cut, peach rolled	Brisket Flat/Rolled
Carvery Striploin	Fillet Tail	Diced Braising (Chuck) Steak
Rib (5 bone), Salt Aged on the Bone (8–10kg)	Ribeye Steaks	Braising Steak (thick flank)
Cote de Boeuf, Salt Aged on the Bone	Rump Steaks	Shin (boneless)
Topside	Sirloin Steak	Whole Feather Blade
Whole Ribeye	T-Bone, Salt Aged on the Bone	Blade Steak
Whole Fillet	Côte de Boeuf, Salt Aged on the Bone	Feather Blade Steak
Whole Chateaubriand	Bavette Steak	Jacobs Ladder or Short Loin (whole or cut)
	Onglet Steak	Ox Tail
	Hanger Steak	
	Flat Iron Steak	
MINCE		OFFAL
85vl Lean Mince		Ox Kidney
95vl Steak mince		Ox Cheek
Burger mince (chuck and rib cap)		
Diced Braising (Chuck) Steak		



HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.

LAMB

Our specially selected Lamb is second to none and reflects the natural conditions in which they are reared. Good grazing and clean air are key ingredients to great lamb, and so with a great product to start with, our butchers can prepare a wonderful leg roast, a French trimmed rack of lamb, a tasty Lamb Shank or the ever popular slow roast shoulder



ROASTING

- Lamb Leg, Whole or Rolled and Tied
- Shoulder, Boned and Rolled
- Lamb Short Loin (chine)
- Whole Noisette
- Best End 8 Bone French Trimmed Rack
- Middle
- Rump, Square Cut
- Saddle (short loin or chine)

MINCE

- Lamb Shoulder Mince
- Lamb Leg Mince Lean

GRILL AND FRY

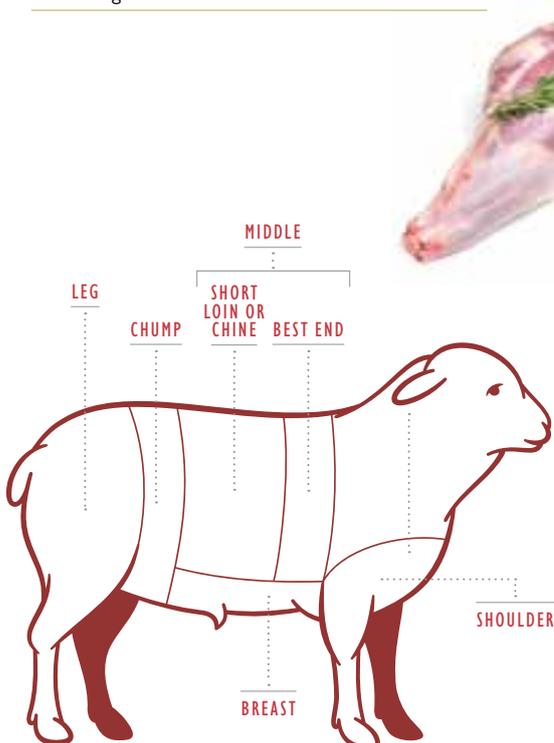
- French Trimmed 8 Bone Rack
- Cutlets
- Loin Chops
- Barnsley Chops
- Noisettes
- Cannon
- Neck Fillet
- Leg Steaks
- Lamb Kofta Mince

BRAISING

- Shoulder, Boned and Rolled
- Diced Leg/Shoulder
- Neck Fillet
- Breast
- Shanks

OFFAL

- Kidneys
- Liver
- Sweetbreads (frozen)



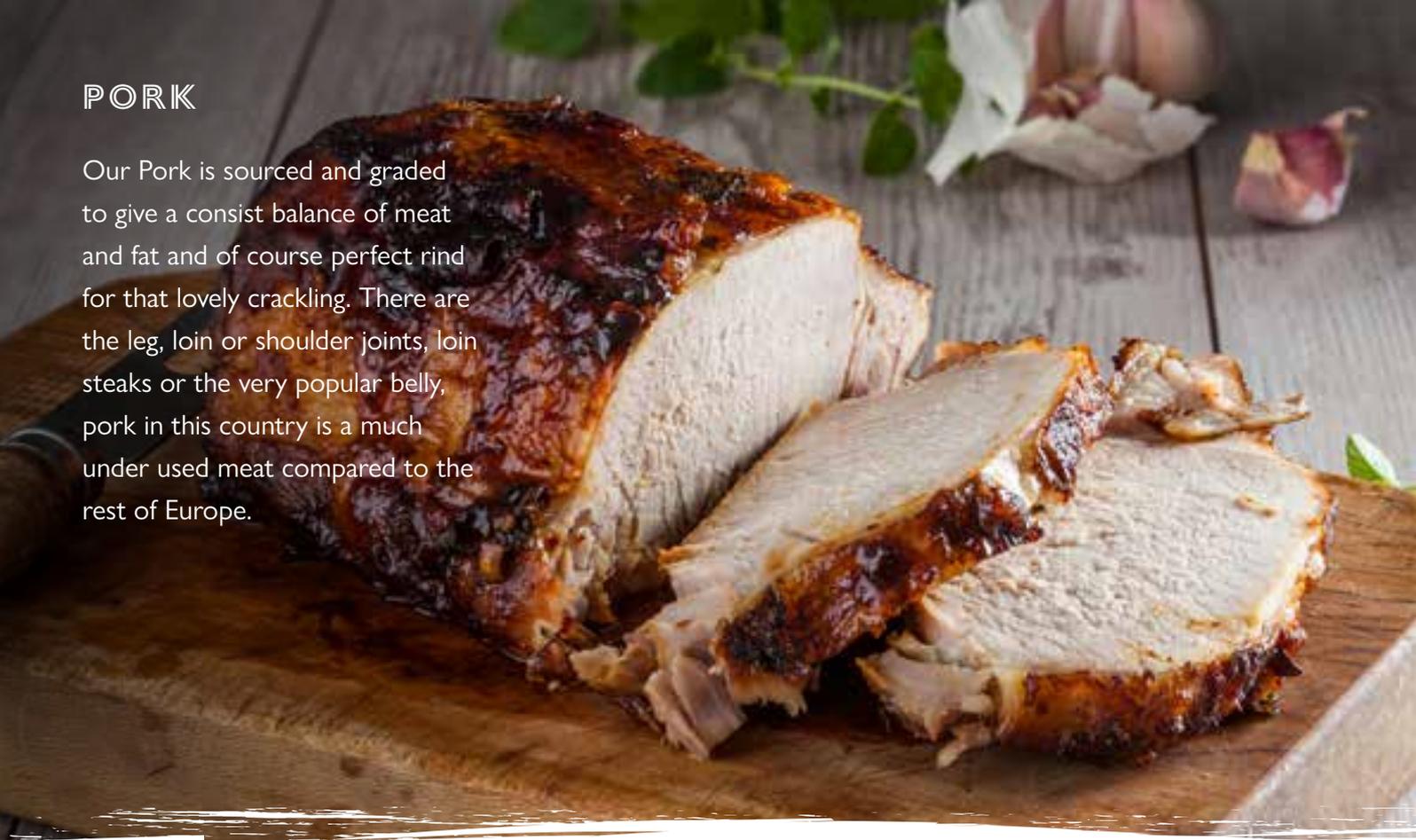
DISTRIBUTION

We deliver throughout the south.

To find out more call 01264 321050.

PORK

Our Pork is sourced and graded to give a consist balance of meat and fat and of course perfect rind for that lovely crackling. There are the leg, loin or shoulder joints, loin steaks or the very popular belly, pork in this country is a much under used meat compared to the rest of Europe.



ROASTING

- Whole Pigs
- Boneless Loin, Rind on/off
- Shoulder and Shoulder Joints
- Whole Leg and Leg Joints
- Loin Rack Joint (french trim)
- Belly

OFFAL

- Trotter
- Cheek (plums)
- Liver
- Kidney
- Caul Fat

BRAISING

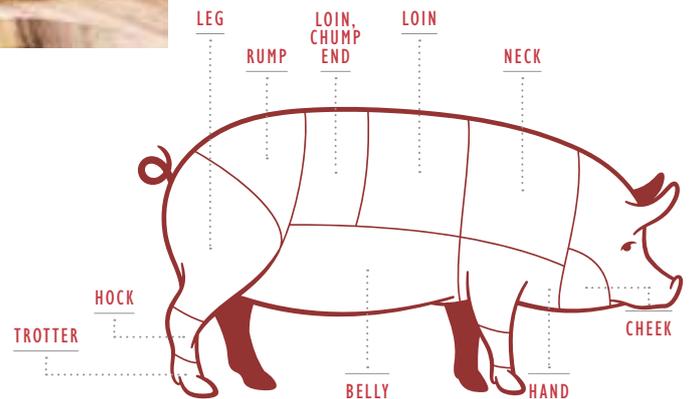
- Gammon Hocks Cured
- Head, Cheek, Plums
- Belly
- Baby Back Ribs case (frozen)
- Shoulder and Shoulder Joints
- Diced (leg, shoulder)
- Trotters

MINCE

- Mince
- Sausage meat
- Meatballs (pork and beef)

GRILL AND FRY

- Pork Collar/Ribeye Whole (frozen)
- Pork Chops
- T Bone
- Pork Loin Steak
- Gammon Steak
- Topside Pork Escalopes
- Bacon Back/Streaky
- Sausages Handmade
- Olde English, Pork and Leek, Cumberland, Lincolnshire, Hampshire Honey and Watercress



OUR SPECIALS

Just give us a call on 01264 321050 to find out what weekly specials we have available.



POULTRY



Selected chicken is cut into portions (drumsticks, supremes and thighs etc) or is just available whole and which is ideal for a Roast. From France Barbary Duck– breast and legs. And, of course, the once a year treat which is now an available all year round. We sell Stag Turkey breast meat, as escalopes, diced or minced.

CHICKEN

- Whole Cornfed (1.3–1.6kg)
- UK Whole Chickens (1.1–1.3kg)
- UK Whole Chickens (1.5–1.7kg)
- UK Whole Chickens (1.5–1.7kg)
- Poussin (454g, frozen)
- Chicken Fillet (skinless boneless 5kg pack)
- Chicken Supremes (skin and wing bone on)
- Cornfed Supremes
- Smoked, Whole and Breast
- Legs (whole, frozen)
- Chicken Breast Diced
- Diced 50:50
- Minced
- Chicken Thighs (skin on, bone in)
- Chicken Thighs (skin on, boneless)
- Chicken Thighs (skinless, boneless)
- Three Part Wings (plain, frozen)
- Drumstick (plain, frozen)
- Chicken Livers
- Carcass (frozen, approx 15kg case)
- Chicken feet (frozen)



TURKEY

- Whole Stags (12kg+) (pre order) December only
- Whole Hens (6kg+) (pre order) December only
- Butterfly Breast (Boneless Breast) (4–6kg)
- Escalopes
- Turkey Thigh Roll (Boneless, netted)
- Diced Breast Meat
- Minced

GUINEA FOWL AND QUAIL

- Whole Guinea Fowl (1.2–1.4kg)
- Guinea Fowl Legs (180–220g)
- Guinea Fowl Supremes (180–200g)
- Whole Bone in Quail
- Whole Boneless Quail
- Quail Eggs



DUCK AND GOOSE

- Whole Duck French (1.3kg and 1.9kg)
- Barbary Duck Breast (170–230g – 2/pack)
- Barbary Duck Breast (230–280g – 2/pack)
- Creedy Carver Duck Breast (pre order only)
- Smoked Duck Breast
- Female Duck Legs (140–200g – 2/pack)
- Male Duck Legs (340–390g – 2/pack)
- Confit de Canard (6/pack, chilled, approx 1.4kg)
- Duck Fat
- Foie Gras (frozen)
- Duck Liver
- Whole Goose (5–6kg)
- Goose Breast (300–400g)
- Goose Fat

HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.

VEAL AND GAME



Quality sourced seasonal game throughout the year. Our game is sourced from Hampshire game dealers and in season we have an extensive range to choose from, whether it's local venison or the latest seasonal meat. Game is one of the best healthy options when choosing meat with naturally low fat levels.

ROSE VEAL AND VENISON

- Veal Topside
- Veal Escalope
- Veal/Calves Liver
- Veal Bones, Short and Marrow (frozen case)
- Venison Haunch
- Venison Haunch Steaks
- Venison Saddle
- Venison Diced and Mince



BIRDS

- Whole Pheasant (oven ready)
- Partridge, whole and breasts (pre order)
- Whole Partridge (oven ready)
- Pigeon, whole and breasts
- Grouse
- Mallard, wild (oven ready, 350-450g, pre order)



RABBIT

- Whole Wild
- Whole Farmed
- Farmed Saddles
- Farmed Haunch
- Diced (frozen)



GAME SEASONS

- Grouse:** 12 August – 10 December
- Partridge:** 1 September – 1 February
- Pheasant:** 1 October – 1 February
- Pigeon:** open season
- Rabbit:** open season
- Fallow Bucks:** 1 Aug – 30 April
- Fallow Does:** 1 Nov – 31 March
- Mallard:** 1 September – 31 January

DISTRIBUTION

We deliver throughout the south.

To find out more call 01264 321050.



PIES, TERRINES AND INDIVIDUAL MEALS

PIES

TERRINES

SUET PUDDINGS

PASTA



PIES, TERRINES AND INDIVIDUAL MEALS

Pie Life is a family run pie bakery in Staffordshire specialising in making Gluten Free pies since 2008.

La Tua Pasta is a British company making high quality pasta with ingredients from Italy.



PIES

FROPIE22	Steak and Ale Pie	260g	6 case
FROPIE24	Chicken and Mushroom Pie	260g	6 case
FROPIE33	Spiced Cauliflower, Spinach and Lentil Pie (vegan)	260g	6 case

GLUTEN FREE PIES AND SUET PUDDINGS

FROPIE21	Chicken, Ham & Leek Pie	300g	12 case
FROPIE31	Venison, Red Wine & Mushroom	300g	12 case
FROPIE23	Pheasant, Venison & Rabbit Suet Pudding	300g	12 case
FROSUE02	Pie Life Gluten Free Steak and Kidney Suet Puddings	300g	12 case

TERRINES

FRMTER07	Ham Hock and Pea Terrine	3× 500g	case
FRMTER08	Chicken, Smoked Ham Hock & Apricot Terrine	3× 500g	case

PASTA

FROPAS15	Black Taglioline Pasta (frozen)	21 portion	3kg
FROPAS02	Pea and Shallot Ravioli (vegan)	21 portion	3kg
FROPAS04	Mushroom and Cheese Tortelloni	21 portion	3kg
FROPAS06	Gran Tortellone Ricotta e Spinach (ricotta and spinach)	21 portion	3kg
FROPAS09	Potato Gnocchi	21 portion	3kg
FROPAS19	Butternut Squash and Ricotta Ravioli	21 portion	3kg
FROPAS20	Crab and Lobster Tortelloni	21 portion	3kg

HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.

NEW VEGAN GLUTEN FREE

Vegan plant based Burger and Sausages from **Moving Mountains** are NOW IN STOCK. Never have plants tasted so good! Delve into a guilt free trip of indulgence. **Bite Into The Future™** 100% Plant 0% Cow.



VEGAN BURGERS, SAUSAGES AND HOT DOGS

MFRBUR32	Moving Mountains Vegan Burgers	20 x 113g
MFRBUR33	Moving Mountains Vegan Sausage (Frankfurter)	35 x 57g

VEGAN SAVOURY

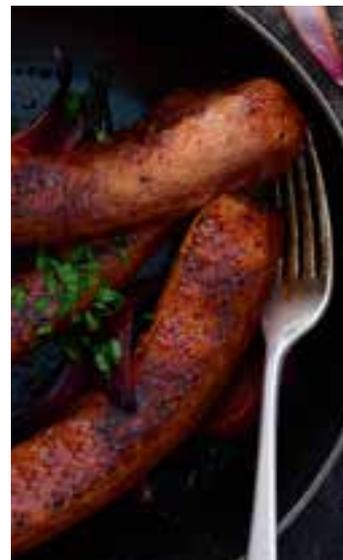
FROPIE33	Spiced Cauliflower, Spinach & Lentil Pie	6x 260g case
FROSUE17	Linda McCartney Catering Mince	1kg
FROPAS02	Pea and Shallot Ravioli	3kg case

GLUTEN FREE FISH CAKES

FRFFIS08	Salmon and Dill	24x 114g
FRFFIS13	Smoked Haddock and Mozzarella	24x 100g

VEGAN AND GLUTEN FREE FAVOURITES

MFRSAU57	Cumberland Sausages (frozen, gluten free)	1.36kg
MFRSAU55	Pork Chipolata (frozen, gluten free, pre-order required)	1.36kg
FRMSAM01	Onion Bhajis (frozen, vegan)	80x 35g case
PIDY74901027	Neutral Tartlet Case (fully baked, gluten free)	27x 8.5cm case



HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.



GLUTEN FREE CHIPS AND FRIES

FRPCHP01	Super Crunch Skin on Skinny Fries	6 x 2.5kg
FRPCHP03	Sweet Potato Fries thin cut	5 x 2.27kg
FRPCHP02	Pure Rustic chunky skin on chips	4 x 2.5kg

GLUTEN FREE GRAVY, JUS AND CONCENTRATES

WWJUS01	Premier Chicken Jus (8ltr yield)	1kg
WWJUS03	Premier Veal Jus (8ltr yield)	1kg
WWJUS02	Premier Lamb Jus (8ltr yield)	1kg
WWJUS04	Premier Beef Jus (Ready To Use)	1litre carton
WWGRA03	No 1 Savoury Gravy (20ltr yield)	1.5kg
WWGLA02	Premier Lobster Glace (20-24ltr)	600g
WWGLA14	Wild Mushroom Glace (20-24ltr)	600g

VEGAN DESSERT AND PUDDING FAVOURITES

FROPUD02	Plain Syrup Sponge Pudding (vegan)	12x 185g case
FROPUD13	Chocolate Sponge with Chocolate Sauce (vegan)	12x 185g case
FROPUD14	Ginger Sponge with Ginger Sauce (vegan)	12x 185g case
FROTAR06	Chocolate Orange Tart (gluten free, vegan)	12x 83g

DISTRIBUTION

We deliver throughout the south.

To find out more call 01264 321050.



DELI

COOKED AND
CURED MEATS

PÂTÉ AND TERRINES

CHEESE

JUS, STOCKS AND OILS

KITCHEN ESSENTIALS

BAKERY GOODS

PIDY PRODUCTS



COOKED AND CURED MEATS

MDBRE03	Sliced Bresaola (cured beef)	approx 50 slices	500g
MDPAS01	Whole Peppered Pastrami	1–3kg	kg
MDPAS02	Sliced Pastrami	500g	each
MFGAM017	Cooked Plain Ham	3.5–4.5kg	kg
MFGAM12	Plain Cooked Sliced Ham	500g	each
MDCHO01	Chorizo Stick	approx 1.6kg	kg
MDCHO03	Sliced Chorizo	approx 80 slices	500g
MDCHO08	Raw Mild Baby Chorizo Links	12–15 pack	approx 1kg
MDCOP01	Sliced Coppa	approx 40 slices	500g
MDMOR03	Sliced Mortadella		500g
MDGAR01	Garlic Sausage Stick	1.36kg	each
MDSAL02	Whole Milano Salami	approx 1.5kg	kg
MDSAL03	Sliced Milano Salami	approx 80 slices	500g
MDSAL04	Whole Napoli Salami	approx 1.5kg	kg
MDSAL05	Sliced Napoli Salami	approx 80 slices	500g
MDPEP01	Sliced Pepperoni	1kg	each
MDPRO01	Sliced Prosciutto Ham	25–30 slices	500g
MDPRO03	Whole Prosciutto Ham (pre order)	6–7kg	kg
MDPAN01	Whole Smoked Pancetta	1.2–1.6kg	kg
MDPAN02	Sliced Pancetta	75–80 slices	500g
MDHAM02	Sliced Serrano Ham	500g	each
MDBLA02	Black Pudding Stick	1.36kg	each
MDBLA01	Black Pudding Ring	500g	each
MDWHI01	White Pudding Ring	500g	each



DISTRIBUTION

We deliver throughout
the south.

To find out more
call 01264 321050.

PÂTÉ AND TERRINES

PÂTÉ AND TERRINES

MDPAT03	Chicken Liver Pâté (smooth)	1kg	each
MDPAT04	Duck and Orange Pâté (smooth)	1kg	each
MDPAT01	Ardennes Pâté (coarse)	1kg	each
MDPAT02	Brussels Pâté (smooth)	1kg	each
MDPAT07	Wild Boar Pâté (seasonal, pre-order)	1kg	each
MDPAT06	Venison Pâté (seasonal, pre-order)	1kg	each
MDPAT05	Pheasant Pâté (seasonal, pre-order)	1kg	each
FRMTER08	Chicken, Smoked Ham Hock and Apricot Terrine	3× 500g	case

BUTTER

BUTTER

MDBUT01	Salted Butter	250g	40 case
MDBUT02	Unsalted Butter	250g	40 case

CHEESE

CHEESE

MDCHE03	Camembert Round	250g	each
MDCHE04	Mild Cheddar Cheese	5kg	kg
MDCHE05	Grated Mild Cheddar Cheese	2kg	each
MDCHE06	Sliced Mild Cheddar Cheese	50 slices	1kg
MDCHE08	Mature Cheddar Cheese	5kg	kg
MDCHE09	Dolcelatte (pre order)	1.6kg	kg
MDCHE10	Feta	900g	each
MDCHE11	French Brie Round	1kg	each
MDCHE13	Goats Cheese Log	1kg	each
MDCHE14	Gran Padano Wedge (Italian hard cheese)	900g–1.1kg	kg
MDCHE15	Grated Gran Padano (Italian hard cheese)	1kg	each
MDCHE16	Halloumi	250g	each
MDCHE17	Mascarpone (pre order)	500g	each
MDCHE19	Bocconcini Mozzarella Pearls (8g, pre order)	1kg	each
MDCHE20	Mozzarella Ball	125g	each
MDCHE21	Danish Mozzarella Block	2.3kg	each
MDCHE24	Grated Mozzarella	2kg	each
MDCHE26	Monterey Jack Slices	50 slices	1kg
MDCHE28	Rosary Natural Goats Cheese Log	1kg	each
MDCHE31	Hampshire Tunworth Cheese	250g	each
MDCHE32	Sliced Mature Cheddar Cheese	50 slices	1kg
MDCHE33	Isle of Wight Blue	180–200g	each
MDCHE34	Luxury Soft Full Fat Cream Cheese	2kg	each
MDCHE35	Gorgonzola (pre order)	1.5kg	kg
MDCHE37	Grated Mature Cheddar Cheese	2kg	each
MDCHE41	Wensleydale with Cranberries (half, pre order, seasonal)	1kg	each
MDCHE42	Isle of Wight White Soft	180–220g	each
MDCHE44	Wookey Hole Cave Aged Cheddar	3.3kg	kg
MDCHE55	Juraregal (Gruyere, pre order)	approx 1.6kg	kg
MDCHE58	Dorset Blue Vinny	750g	kg
MDCHE63	Stilton Round	approx 2kg	kg
MDCHE84	Lyburn Winchester Mature (9 month aged)	1.5kg	kg
MDCHE86	Lyburn Old Winchester Mature (21 month aged)	1.5kg	kg

HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.



JUS AND STOCKS

WWJUS03	Premier Veal Concentrate Jus (gluten free)	8 litre yield	1kg
WWJUS01	Premier Chicken Concentrate Jus (gluten free)	8 litre yield	1kg
WWJUS02	Premier Lamb Concentrate Jus (gluten free)	8 litre yield	1kg
WWJUS04	Premier Beef Concentrate Jus (ready to use, gluten free)	8 litre yield	1kg
WWGLA02	Premier Lobster Glace (gluten free)	20-24 litre yield	600g
WWGLA14	Wild Mushroom Glace (gluten free)	20-24 litre yield	600g
WWSTO01	Chicken Stock (gluten free)	50 litre yield	800g
WWSTO03	Fish Stock (gluten free)	40 litre yield	700g
WWSTO05	Vegetable Stock (gluten free)	40 litre yield	800g
WWSTO04	Turkey Stock (gluten free)	50 litre yield	800g
WWGRA01	No.1 Beef Gravy (gluten free)	20 litre	1.5kg
WWGRA02	No.1 Chicken Gravy (gluten free)	20 litre	1.5kg
WWGRA03	No.1 Vegetable/Savoury Gravy (gluten free)	20 litre	1.5kg

OILS

WWOLI02	Extra Virgin Olive Oil	5 litre	each
WWOLI01	Pomace Oil (51% pomace oil, 49% sunflower oil)	5 litre	each

OLIVES

WWOLI03	Pitted Black Olives	4.2kg	tin
WWOLI11	Pitted Green Olives	4.2kg	tin
WWOLI08	Mixed Pitted Greek Olives	2.5kg drained weight	tub

SALAD

FSBAB01	Spring Water Washed Baby Leaf	250g	each
FSWAT01	Spring Water Washed Watercress	250g	each
FSROC01	Spring Water Washed Rocket	250g	each

BAKERY GOODS

FROBUN01	Burger Bun (Brioche, sliced, frozen)	75g	72 case
FROTAR04	Tomato, Goat's Cheese and Basil Tartlet (frozen, individual)	160g	12 case



OUR SPECIALS
 Just give us a call on **01264 321050** to find out what weekly specials we have available.



KITCHEN ESSENTIALS

WWSAF01	Pure Grade A Spanish Mancha Saffron Strands	2g	each
WWTOM01	Semi Dried (Blushed) Tomatoes in Oil	1.15kg	each
WWBEL01	Bell Peppers Stuffed with Cream Cheese	1kg	each
WWPEP04	Roasted Sweet Peeled Red Peppers	2.5kg	each
WWCAP04	Lilliput Capers in Vinegar	1.6kg	each
WWCAP03	Capote Grade Medium Capers in White Wine Vinegar	1.6kg	each
WWCAP02	Nonpareilles Grade Extra Small Capers in Sherry Vinegar	1.65kg	each
WWCAP01	Caperberries in Sherry Vinegar	1.6kg	each
WWGHE01	Cocktail Gherkins	300–400	1.6kg
WWPEP05	Green Peppercorns in Salt Water	1.65kg	each
WWART02	Artichoke Hearts	390g	tin
WWHUM01	Houmous	1kg	each
WWPES01	Green Pesto (no pine nuts)	1kg	each
WWSTO02	Maldon Sea Salt Flakes	1.4kg	tub

COOKING WINES AND VINEGAR

WWBRA01	Gourmet Classic Cooking Brandy	3 litre	each
WWGLA03	Gourmet Classic Balsamic Glaze	500ml	each
WWMAD01	Gourmet Classic Cooking Madeira	3 litre	each
WWPOR01	Gourmet Classic Cooking Port	3 litre	each
WWVIN03	Balsamic Vinegar of Modena	5 litre	each
WWVIN06	Red Wine Vinegar	5 litre	each
WWVIN07	White Wine Vinegar	5 litre	each
WWWIN03	Gourmet Classic Red Cooking Wine	10 litre	each
WWWIN05	Gourmet Classic White Cooking Wine	10 litre	each
WWWIN09	Gourmet Classic White Cooking Wine	3 litre	each
WWWIN10	Gourmet Classic Red Cooking Wine	3 litre	each
WWWIN02	Mulled Wine	3 litre	each

TABLE ACCOMPANIMENTS

WWMAY02	Mayonnaise	5 litres	each
WWSAU09	Tartare Sauce	2.27 litres	each
WWSAU08	Horseradish Sauce	2.27 kg	each
WWSAU07	Cranberry Sauce	2.5kg	each
WWONI02	Comfy Onion Marmalade	1kg	each
WWCHU02	Woodbridge Spicy Tomato Chutney	2.5kg	each
WWCHU03	Woodbridge Sweet Pickled Cucumber	2.5 litre	each

HOW TO ORDER

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CANAPÉS



PIDY79077084
Mini Crispy Spoons
(amulette)
3.6 x 7.5cm – 84 case



PIDY71020096
Gourmande Cocktail Cups
(mini quiche)
4cm – 96 case



PIDY02000096
Zakouski (vol-au-vent)
3.5cm – 96 case



QUICHE



PIDY75020144
Neutral Round
Quiche Case
8.5cm – 144 case



PIDY76000042
Neutral Round Quiche Case
11cm – 42 case



PIDY74901027
Neutral Round
Quiche Case
(gluten free)
8.5cm – 27 case



DESSERTS



PIDY89246108
Sweet Tart Case
9.5cm | 108 case



PIDY89546072
Sweet Tart Case
11cm | 72 case



PIDY91046010
Sweet Tart Case
28cm | 10 case



PIDY82050250
Profriteroles
(made with butter)
4cm – 250 case



PIDY30380096
Mini Trendy Round
Shells Neutre
7cm – 96 case



PIDY51093024
Tulip Wafer Basket
10.5cm – 24 case



DISTRIBUTION
We deliver daily
throughout the south.
**To find out more
call 01264 321050.**

DESSERTS

PUDDINGS

CHEESECAKES

TORTES

TARTS

ICE CREAM AND SORBET



LANGTONS DELUXE DESSERTS

Langtons create high quality, handmade frozen desserts for the foodservice industry, in individual and multi-portions. Langtons desserts are made with the finest ingredients, using traditional baking methods, and can be served from the freezer to the table in a few minutes.



FROCRU01
Apple and Blackberry Crumble
185g–18 case



FROPUD01
Butterscotch and Treacle Pudding
185g–18 case



FROPUD02
Chocolate Brownie Pudding
185g–18 case



FROPUD04
Sicilian Lemon Pudding
185g–18 case



FROPUD03
Chocolate Melting Pudding
170g–18 case



FROPUD06
Round Sticky Toffee Pudding
185g–18 case



FROPUD07
Square Sticky Toffee Pudding
185g–18 case



FROPUD10
Traditional Summer Fruit Pudding
165g–24 case

VEGAN SPONGES



FROPUD13
Chocolate Sponge with Chocolate Sauce (vegan)
185g–12 case



FROPUD14
Ginger Sponge with Ginger Sauce (vegan)
185g–12 case

See our full vegan range on page 32

DISTRIBUTION

We deliver throughout the south.

To find out more call 01264 321050.

PETE'S PATISSERIE

Pete's Patisserie offers bespoke hand-made desserts using the finest quality ingredients, by using fresh cream, butter and dark Belgian chocolate to create and offer ingenious recipes at a sensible price for your menus.



WHOLE PRE SLICED



FROCHE15
New York Style Baked
Vanilla Cheesecake
16 slices



FROCHE16
Raspberry and White
Chocolate Cheesecake
16 slices



FROCHE17
Banoffee Cheesecake
16 slices



FROCHE18
Millionaires Cheesecake
16 slices

INDIVIDUAL



FROCHE19
Individual Strawberry and
Prosecco Cheesecakes
16 portions



FROCHE20
Individual Woodland
Fruits Cheesecakes
16 portions



FROCHE21
Individual Belgian
Chocolate Truffle Torte
16 portions



FROCHE22
Individual Very
Vanilla Cheesecakes
16 portions



FROCHE24
Individual Gin and Lime
Cheesecakes
16 portions

WHOLE



FROTAR05
French Apple Tart
16 slices



FROTAR07
Whole Tart au Citron
16 slices



FROTAR08
Whole Belgian Chocolate Tart
16 slices



FROTA03
Individual Raspberry & Almond
Tartlets (Gluten & Milk Free)
12 x 90g

Ideally served warm or with our super premium Vanilla ice cream

TRAYBAKE



FROCHE23
Salted Caramel and
Chocolate Creation Slab
18-84 portions



FROPUD20
Carrot Cake Traybake
18 portions



FROPUD22
Chocolate Brownie Traybake
18 portions

OUR SPECIALS

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we have available.

ICE CREAM AND SORBET

Amore di Gelato

These are super-premium gelatos, ice creams and sorbets. Ingredients are sourced from around the globe and are unique to the caterer. From fruity to smooth to nutty, we have a range to suit all menus.



FROICE01
Bourbon Vanilla Ice Cream
5 litre tub



FROICE02
Chocolate Chip Ice Cream
5 litre tub



FROICE03
Strawberry Ice Cream
2.4 litre tub



FROICE04
Mint Chocolate Chip Ice Cream
2.4 litre tub



FROICE05
Caramel Ice Cream
2.4 litre tub



FROICE06
Walnut & Caramel Sauce
Ice Cream
2.4 litre tub



FROICE08
Pistachio Ice Cream
2.4 litre tub



FROICE09
Amaretti Ice Cream
2.4 litre tub



FROICE14
Espresso & Cream Ice Cream
2.4 litre tub



FROICE10
Raspberry Sorbet
2.4 litre tub



FROICE11
Lemon Sorbet
2.4 litre tub



FROICE12
Maracuja (Passion Fruit)
& Orange Sorbet
2.4 litre tub



HOW TO ORDER

To place an order or to discuss requirements, simply call the team on 01264 321050.



cooper foods

To order and discuss
any requirements
please call

01264 321 050

cooperfoods.co.uk

